

# Parent Council NEWSLETTER

November, 2020

## VOTE! VOTE! VOTE!



### **The last day to vote is November 3rd!**

November really kicks off the start of celebration season! Some upcoming things to celebrate: Veterans Day on November 11th, Diwali/Deepavali on November 14th, and Thanksgiving on November 26th. This month's issue will feature some information on Diwali/Deepavali or the Festival of Lights as well as recipes and activities to help celebrate the many occasions the month of November hosts! Just a reminder CDL is closed Thursday November 26th and Friday November 27th.

## Diwali (Festival of Lights)

This five-day festival culminates on the third day which coincides with the darkest day of the lunar month in which Diwali is celebrated! Celebrated all over India and the world, Hindus, Jains, and Sikhs partake in ritual cleaning and adorn their houses with diyas (oil lamp; see image to the right), lights, and lanterns as well as rangoli (flower patterns constructed on the floor made from rice, sand, quartz powder, and/or flower petals; see below).



The first day of Diwali represents renewal, cleansing, and beginning of the new year. Observants will clean their house and business, decorate their entryways with rangolis, and shop for new household items among other things to celebrate the holiday.

The second day of Diwali is a very spiritual day that is spent praying for ancestors to assist with their journey through the afterlife. It is also a day spent purchasing or making sweets (see recipe section for some you can make at home with your children) as well as visiting with family, friends, and business associates.

The third day is the height of Diwali and is characterized by lighting of homes, temples, and businesses. Although the entire Diwali festival is a celebration of the goddess Lakshmi, it is on the third day that observants welcome Lakshmi into their newly cleaned homes with the hope of prosperity and happiness for the year.

The fourth day is a celebration of the bond between husbands and wives. There are regional differences in how this day is celebrated, but often involves gift giving and joining together in married couples to celebrate the marriage bond.

The fifth day is a celebration of the bond between brother and sister. The brother will often travel to the sister and her family, and the women will gather and pray for their brothers and the both will engage in a ritual feeding in which the sister feeds the brother.





## Denise Graham

Title: Head Teacher

Room: 24 month

Campus: East Lansing

**What brought you to the East Lansing/Lansing area and what has made you stay:** MSU is where I belong! I grew up in DeWitt, have lived in Bath Michigan my whole adult life.

**Who was your childhood hero and why:** Wonder Women; she is a Greek goddess, she had an invisible airplane/helicopter, an incredibly cool lasso, a boom-a-ring headband, bullet proof wrist bands, could run fast and was a member of the Justice League.

**What was your favorite age growing up and why:** Probably 16, I could drive, work, attend high school events.

**Any COVID skills, hobbies, routines, etc you picked up:** I exercised more. I learned how to ZOOM!

**Last TV show you binge-watched:** Netflix Outlanders, but I am more of a reader.

**Is a hot dog a sandwich, why or why not:** It is a Hot Dog! Never really thought about it before. From a historical perspective it is probably considered a sandwich.

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## Pumpkin Halwa

### Ingredients

- 8 oz pumpkin approx 2 cups when grated
- 1 tbsp ghee 15g, or unsalted butter
- 2 tbsp milk
- 1/4 cup sugar 4 tbsp
- 1/8 tsp ground cardamom

### Instructions

1. Peel the pumpkin, remove the seeds and and sticky stringy bits from the middle. Grate it coarsely.
2. Melt the ghee or butter in a medium skillet over a medium heat then add the pumpkin. Cook for a few minutes, stirring now and then until it has softened. Don't rush this bit, you should see it change color.
3. Add the milk and stir it in so that it is absorbed, then add the sugar and cardamom. Stir in and cook for a few minutes until glossy-looking but not wet. You can serve it warm or chilled.



### Notes

Note – this makes it with a bit of texture, you can also make it more of a puree by adding a little more milk, covering and steaming a few minutes and then mashing before adding sugar etc.

## Besan Ladoo (Indian Chickpea Candy)

### Ingredients

- ½ c ghee (clarified browned butter), melted\*
- 2 c chickpea flour
- 1 c powdered sugar, sifted
- 1 tsp ground cardamom
- 1 Tbsp finely chopped almonds or cashews (for garnish, optional)

### Instructions

1. In a large skillet, heat ghee over medium heat until melted.
2. Add the chickpea flour and cook over medium heat until the flour becomes very fragrant and begins to darken in color, 7-10 min, stirring often.
3. Remove the pan from the heat and mix in the powdered sugar and cardamom.
4. Let the mixture cool slightly before shaping it into 1Tbsp balls. (If the mixture seems too crumbly, dip it in a little ghee and continue pressing and rolling.)
5. Garnish the besan ladoo, if desired, by dipping a tiny edge in ghee and then dipping it in finely chopped nuts.
6. Store the besan ladoo in an airtight container for 1-2 weeks.



# At-Home Activity to Help Celebrate Veterans Day

## Poppy Activities

Make an army hat out of a large piece of paper, a large cloth napkin, a newspaper, or the side of a paper bag. Decorate to commemorate Veterans.

★ A size of hat may be different depends on newspaper size

- 1 Fold in half to make a crease and unfold
- 2 Fold in half
- 3 Fold in the dotted lines
- 4 Fold in the dotted line
- 5 Fold in the dotted lines
- 6 Turn over
- 7 Fold in the dotted lines
- 8 Fold in the dotted line
- 9 Fold in the dotted lines
- 10 Fold in the dotted line
- 11 Tuck into the pocket
- 12 Finished

**An Army Cap**

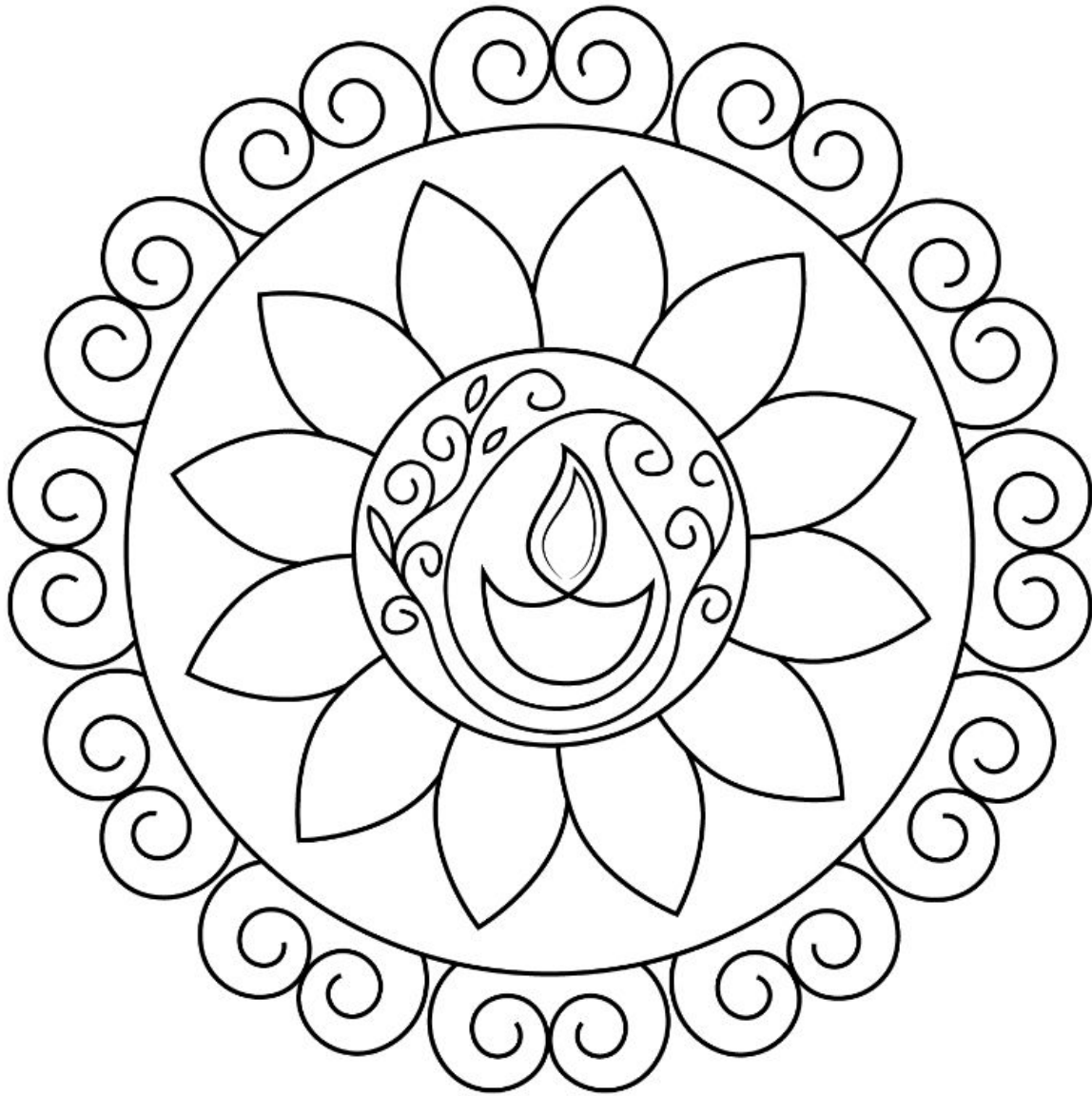
\*Traditional  
Diagram:Fumiaki Shingu

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## At-Home Activity to Help Celebrate Diwali

### Rangoli Pattern

Color in the pattern or use household items such as rice, beans, lentils, etc. to fill in the rangoli



# Fundraising Opportunities

## Get your MSU T-Shirts!

Deadline November 12th!!



**Order Deadline: 11-12-20**

Orders received after the deadline are subject to price change

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Amount Attached:\$ \_\_\_\_\_ Check #: \_\_\_\_\_  
 Address: \_\_\_\_\_ E-mail: \_\_\_\_\_  
 Daytime Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Item Description	Item Color	18 NEW	2T	3T	4T	YS	YS	YM	YL	S	M	L	XL	2X	3X	Quantity	Sub-Total
Infant & Toddler Tee - \$15.00	Sport Grey																
Youth T-Shirt - \$15.00	Sport Grey																
Adult T-Shirt - \$15.00	Sport Grey																
Long Sleeve Tee - \$20.00	Sport Grey																
Crewneck Sweatshirt - \$25.00	Sport Grey																
Hooded Sweatshirt - \$33.00	Sport Grey																
Full Zip Hooded Sweatshirt - \$40.00	Sport Grey																
Infant & Toddler Tee - \$15.00	Sangria																
Youth T-Shirt - \$15.00	Sangria																
Adult T-Shirt - \$15.00	Sangria																
Long Sleeve Tee - \$20.00	Sangria																
Crewneck Sweatshirt - \$25.00	Sangria																
Hooded Sweatshirt - \$33.00	Sangria																
Full Zip Hooded Sweatshirt - \$40.00	Sangria																
Please make checks payable to: CUSTOM EMBROIDERY PLUS FULL PAYMENT MUST ACCOMPANY ORDER FORM																	
Extended Sizes 2X 3X +\$3.50 +\$5.00																	
Sub Total																	
Extended Sizes Total																	
Total Amount Due																	

Same back on the youth t-shirts as on the adult t-shirts



Same back on the youth t-shirt as on the adult t-shirts

# Flower Power

<http://msucdlpc.fundraising.com>

Bulbs range in price from \$8 to \$58, with the majority being between \$10-\$20.



15 Mixed WindFlowers

\$8.00

Qty:

Add to Cart

[View Detail](#)



5 Pink Daffodils

\$13.00

Qty:

Add to Cart

[View Detail](#)



30 Mixed Rock Garden Allium

\$10.00

Qty:

Add to Cart

[View Detail](#)



15 Blue Muscari

\$10.00

Qty:

Add to Cart

[View Detail](#)



6 Healthy Herb Garden

\$12.00

Qty:

Add to Cart

[View Detail](#)



Red Lion Amaryllis Value Kits

\$58.00

Qty:

Add to Cart

[View Detail](#)

And if you are anything like me and do not have a green thumb, their website has lots of helpful information to assist the flower-challenged folx such as myself!

## Help & FAQ's

### What Does Hardy Zone Mean?

Hardy means they should return next year in the zones listed without having to do anything to them. While some items such as Gladiolus are indicated with higher hardiness zones (7-9), these items could also be planted in colder zones, but would need to be dug up in the fall and stored indoors for the winter. So, all Flower Power items will grow virtually anywhere in North America, but they will only return in the zones listed.

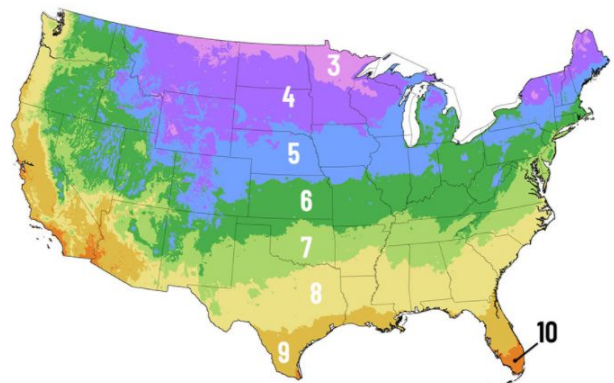
### How Do I Find My Zone?

Use the color coded map to determine which zone you are located in. If your zone is listed as a "hardiness zone" for any of the products you can rest assured that they will be a perennial in your area. You can enjoy these blooms year after year! If your zone is listed as suitable but not hardy, these products will grow beautifully this summer in your garden, but may not survive the harsh winter.

### Are There Planting Instructions?

Once you receive your order, you will be pleased to find that each item you purchased comes with a full color label that provides you with all the information you need to have success in the garden. Each label contains a bar code, the bulb size, plant height, proper spacing, where to plant, plus other features that will assist your customers in growing a beautiful bulb garden!

### Zone Finder Map





# Minted.com

Valid until Dec 31st, 2020

MINTED'S FUNDRAISING PROGRAM

## You save 20%, We donate 15%

Use code FUNDRAISEMSU to support MSU Child Development Lab Parent Council



The image shows two Christmas cards and an envelope. The card on the left features a young girl in a red dress, surrounded by a holly wreath, with the text 'Merry CHRISTMAS' and 'The YANGS'. The card on the right shows a couple walking in a hallway, with the text 'happiest holidays' and 'with love from THE PARKERS'. The envelope is red with the address 'The McKinley Family, 2621 Spruce Street, Chicago, Illinois, 60618' written in cursive. The website 'MINTED.COM' is printed at the bottom left of the card display.

MINTED.COM

## CDL - Parent Council

The Parent Council meets 2nd Wednesday of every month at 6p on Zoom. Please join us!

### 2020-2021 Parent Council

#### Contact Information

First Name	Last Name	Phone	Email	Child(ren)	Campus/Teachers	Focus/Role
Laurie	Linscott	517-355-1900	<a href="mailto:linscott@msu.edu">linscott@msu.edu</a>			Director
Phillip	Baumgarner	517-355-1900	<a href="mailto:baumgarn@hdfs.msu.edu">baumgarn@hdfs.msu.edu</a>			Assistant Director East Lansing
Sarah	Barth	517-339-6045	<a href="mailto:barthsar@msu.edu">barthsar@msu.edu</a>			Assistant Director Haslett
Cherlyn	Tay	517-355-1900	<a href="mailto:taycher1@msu.edu">taycher1@msu.edu</a>	Makoa, Kailee	East Lansing/Mowers and Huges	Office Manager
Courtney	Coscarelli	517-339-6045	<a href="mailto:passmor9@msu.edu">passmor9@msu.edu</a>			Administrative Assistant
Jordan	Sutton	517-862-1352	<a href="mailto:jordansutton@mac.com">jordansutton@mac.com</a>	Genevieve, Cecily	East Lansing/Graham and Huges	President
Terrah	Hanks	517-719-2198	<a href="mailto:thankssundance@gmail.com">thankssundance@gmail.com</a>		Haslett/	Vice President
Erin	Cazal	517-230-1635	<a href="mailto:erincazal@gmail.com">erincazal@gmail.com</a>	Lauren	East Lansing/Huges	Treasurer
Fernanda	Jeffers	517-275-6946	<a href="mailto:jeffersf@msu.edu">jeffersf@msu.edu</a>	Edward	East Lansing/Stark	Secretary
Terrah	Hanks	517-719-2198	<a href="mailto:thankssundance@gmail.com">thankssundance@gmail.com</a>		Haslett/	Family Fun Night Chair
						Teacher Appreciation
Allison	Shaw	570-878-9300	<a href="mailto:allisonzshaw@gmail.com">allisonzshaw@gmail.com</a>	Cameron	East Lansing/Stark	Communications
Ashley	Gilmour	563-340-1083	<a href="mailto:nursse91135@yahoo.com">nursse91135@yahoo.com</a>	Addiyn	Haslett/Ms. Colon	