












Mask wearing, both inside and outside, is optional for staff and children. The CDL will follow Ingham County Health Department recommendations if case numbers in Ingham County rise.

HEALTH PROTOCOL- please keep you child home if they exhibit the following:


- o Temperature of 100.4 degrees Fahrenheit or higher
- o Sore throat
- o New uncontrolled cough (for children with chronic cough due to allergies or asthma, a change in their cough from baseline)
- o Difficulty breathing (for children with asthma, a change from their baseline breathing)
- o Diarrhea, vomiting or stomachache
- o New onset of severe headache, especially with a fever

If your child is experiencing the symptoms listed, you will be notified to have your child picked up from school.

**Guidelines for Safe Child Care Operations During COVID-19, updated isolation and quarantine guidance**

	Who is Impacted	Public Health Recommendations
<h2 style="margin: 0;">Isolation</h2> <p style="margin: 0;">Has COVID-19</p>	<p>Any individual who tests positive for COVID-19 and/or displays COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) regardless of vaccination status.</p>	<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">    </div> <div> <p>Isolate at home for 5 days; and</p> <p>If symptoms have improved or no symptoms developed, may leave isolation after day 5 and wear a well-fitted mask, for 5 more days (ending after day 10).*</p> <p><i>If positive with no symptoms, monitor for symptoms for 10 days as well.</i></p> </div> <div style="text-align: right;">  </div> </div>
<div style="display: flex; flex-direction: column; align-items: center;">  <h2 style="margin: 0;">Quarantine</h2> <p style="margin: 0;">Exposed to COVID-19</p>  </div>	<p><b>Personal or household contact</b>, regardless of vaccination status, exposed to someone with COVID-19 (see definition below).</p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">    </div> <div> <p>Monitor symptoms for 10 days.</p> <p>Test 3-7 days after exposure or if symptoms develop.</p> </div> </div> </div> <div style="width: 45%;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  </div> <div> <p>Wear a mask around others for 10 days after exposure.**</p> <p>Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals.***</p> </div> </div> </div> </div>
	<p>Other exposure (from community, social, work setting).</p>	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">    </div> <div> <p>Monitor symptoms for 10 days.</p> <p>Consider wearing a mask around others for 10 days after exposure; at a minimum, mask in settings with higher risk of exposing vulnerable individuals.***</p> </div> </div> </div> <div style="width: 45%;"> <div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  </div> <div> <p>Test if symptoms develop.</p> </div> </div> </div> </div>

\* If a mask cannot be worn, recommend 10 days of home isolation.  
 \*\* If a mask cannot be worn, individual should home quarantine for 10 days. A Test to Stay protocol may also be developed in partnership between school and local health department.  
 \*\*\* Activities with immunocompromised or other high-risk individuals, social/recreational activities in congregate settings.  
**Personal/household contacts** include individuals who share living spaces, including bedrooms, bathrooms, living room and kitchens. It also includes those who live together, sleep over, carpool or have direct exposure to respiratory secretions from a positive individual. This would include exposure in childcare settings for those under 2 years of age.



- You isolate when you are already infected with COVID-19 and have tested positive, even if you do not have symptoms. Isolation is used to separate people who are infected with COVID-19 from those who are not infected.
- You quarantine when you might have been exposed to COVID-19. This is because you might become infected with COVID-19 and could spread COVID-19 to others.

*Isolation Guidance for All Staff and Children in Child Care*

**Children and staff who test positive for COVID-19 and/or display COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) should isolate regardless of vaccination status:**

- o Isolate at home for the first 5 days (starting with the day after symptoms began or day after test was taken for those without symptoms); and
- o If symptoms have improved or no symptoms developed, return to normal activities, while wearing a well-fitted mask, for the next 5 days to protect others.

AND

- o If individual has a fever, stay home until fever free for a period of 24 hours without the use of fever reducing medications before returning to normal activities while wearing a well-fitted mask, until the 10-day period is complete.

OR

- o Isolate at home for 10 days if unwilling/unable to wear a mask, including children under the age of two.

*Quarantine Guidance for All Staff and Children in Child Care*

**Individual is exposed to someone who is positive for COVID-19 and:**

Exposure is to a **personal/household contact**\*:

- Conduct symptom monitoring for 10 days; and
- Test at least one time if possible 3-7 days after exposure and if symptoms develop; and
- ***Wear a well-fitting mask for 10 days from the date of last exposure to protect others – if unable\*/unwilling to mask, home quarantine for ten days; and***
- Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals\*\* for 10 days from the date of last exposure
- A personal/household contact includes exposure in a child care setting for those under age 2.

\*Children under age 2 home quarantine for 10 days as they cannot wear a mask.

Exposure is to another type of contact (from a community, social or work setting)

- Conduct symptom monitoring for 10 days; and
- Test if symptoms develop; and
- Consider wearing a well-fitting mask around others for 10 days from the date of last exposure to protect others. At a minimum, wear a mask in settings with higher risk of exposing vulnerable individuals\*\*

***\*Personal/Household contacts include individuals you share living spaces with, including bedrooms, bathrooms, living room and kitchens. It also includes those who live together, sleep over, carpool or have direct exposure to respiratory secretions from a positive individual (e.g. kissing, sharing drinks, changing diapers, etc....). This would include exposure in childcare settings for those under 2 years of age.***

Questions can be directed to:

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