The CFT Clinic Can Help With:

- Relationship concerns
- Remarriage & blended families
- Family/couple communication
- LGBTQ concerns
- Anxiety & depression
- Substance abuse
- Trauma
- Divorce & co-parenting
- Sexual concerns
- Children/adolescents
- Work & school
- Parenting
- Loss & grief
- Family difficulties
- Divorce
- Life transitions
- Preparental therapy
- Couple enhancement

What is Couple and Family Therapy?

Couple and Family Therapy (CFT) is a type of therapy that looks at individuals, couples, and families in the context of their “environment,” or social situation.

With our specialized training we are uniquely able to help with relationship problems as well as many individual issues that may be hindering your functioning.

(517) 432-2272
cftc@msu.edu
http://hdfs.msu.edu/clinic

MSU Clinical Center
138 Service Road
Suite A-233
Michigan State University
East Lansing, MI 48823

Appointments Scheduled Between:
Monday-Thursday 9am-7pm
Friday 9am-4pm
**Directions**

- Located on Service Road on the south end of the MSU campus.
- From US 127 or I 496 via the Trowbridge Road exit, south (right) on Harrison, and east (left) on Service Road.
- From Grand River in East Lansing go south on Hagadorn to Service Road and go west.
- From Farm Lane, take Service Road east, and the Clinical Center is to the south. **Park in the patient lot to the right as you approach the Clinical Center (no charge).** After 7, enter by the door to the left beyond the main door.

**BUS ROUTE INFORMATION**

*Using the CATA Transportation system:*
- Bus 23 will take you directly to the Clinical Center. It will leave you across the street from the main entrance of the building.
- From Grand River, Bus 20 will take you to the Shaw & Farm Lane Boarding Area, where you can transfer to Bus 23.
- Bus 22, 24, 25 & 26 will also take you to Bus 23 boarding area.
- Bus 26 will stop at the MSU Cata Transportation Center (MSU CTC), so you have to walk half a block from this location to the Shaw & Farm Lane Boarding Area and transfer to Bus 23.
- The Sparty Service routes (30, 31, 32 & 33) will also take you to the MSU CTC and you can transfer to Bus 23.

**Clinic Fees**

The CFT Clinic is self-supporting and operates as a non-profit service to the public on a reduced fee basis.

**Sliding Fee Scale**
- $50-$10/session, depending on income
- $15 per session for MSU/LCC students

*No Insurance or Credit Cards Accepted*

Parking is free in the adjacent patient lot. Parking token will be provided at the clinic. Sessions are typically 50 minutes in length and start on the hour.

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The MSU Couple and Family Therapy Clinic is staffed by the Couple and Family Therapy program doctoral students at Michigan State.

All students are supervised by a licensed Marriage and Family Therapist in Michigan who has been granted Approved Supervisor status by the American Association for Marriage and Family Therapy.

**CFT Therapists**

*A Capital Area United Way Affiliated Agency*